

Report to PARENTS

5 Fun Ways to Instill a Love of History in Kids

Studying history helps us understand our society, consider perspectives from different cultures, improve critical thinking, build citizenship, learn about our identities, and even grow reading and writing skills. It's the story of how we got to where we are today as a society—and it's chock full of lessons that inspire us to make a difference in the world around us. It's never too early to instill a love of history in kids. Use these fun ideas to help your child learn about history.

1. Visit a Museum or Historical Site

No matter where you live, there's sure to be a museum or historical site nearby. Large or small, your town's history tells a piece of the puzzle of how we got to where we are today. Was an inspiring historical figure born in your town? Is your town known for something famous? Whatever makes your town unique, there's bound to be a museum or historical site to celebrate it.

2. Listen to Kid-Friendly Podcasts

You name it, there's a podcast for it—including podcasts for budding history buffs. Listening to discussions on all aspects of history is a great complement to lessons kids learn in schools, and it helps them explore topics that are interesting and important to them. Make it a family affair: Ask questions about a favorite thing they learned, how it makes them feel, and why the topic interests them.

3. Read About Historical Figures

So many people in history have made a lasting impact on society—and books about



these historical figures offer a way for kids to expand their view of the world. Learning about these powerful forces in history also enables kids to see themselves in others, learn about different cultures, be inspired, and grow their minds.

4. Celebrate Your Family History

Everyone has a story—your family included. Encourage your child to learn about your family's history and culture. Create a family tree or picture book with family members. Have your child ask them questions and listen to stories so they can learn about where they came from and what it was like to live in a different point in history. Explain how important it is for them to share their family's story and history with others, too.

5. Cook Up a History Lesson

Nothing tells the story of history and culture like food. Pick a country or a culture to learn about, and find a recipe that is meaningful to that country or culture. Learn about things like how the ingredients connect to the country or culture of origin, how the meal is traditionally prepared and presented, and when the dish is traditionally served. Then, eat up!